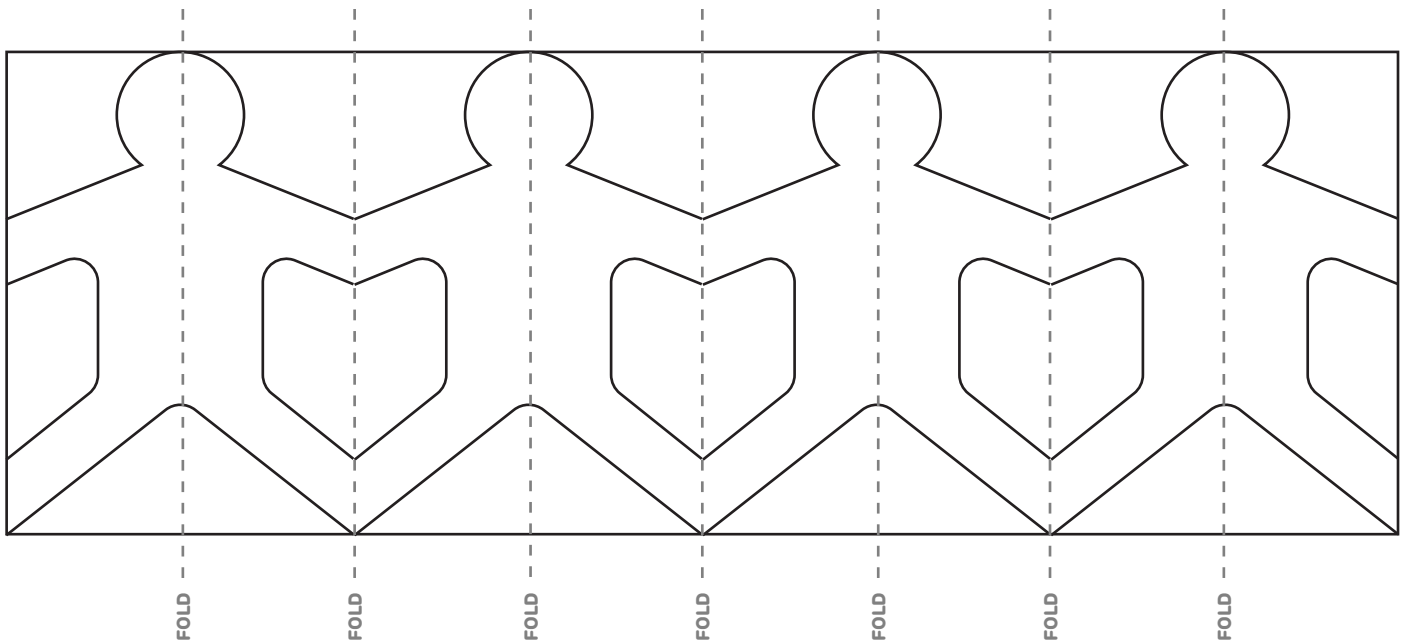
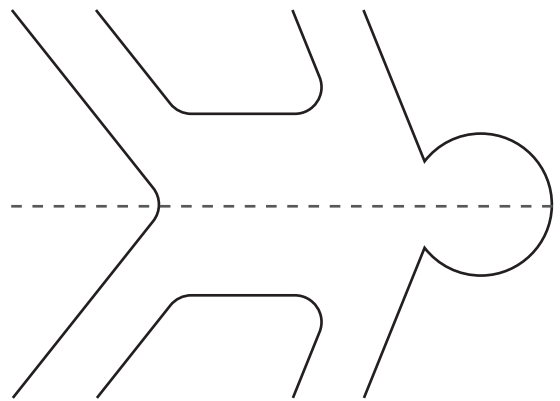


## PAPER CHAIN DECORATION

This Children's Mental Health Week is all about making meaningful connections. Connecting with others in healthy and rewarding ways is so important for our mental health. Use this Paper People Chain Activity, along with our other classroom activities, to talk with students about the importance of connecting with others.

1. Cut out the box, on the next page, along the heavy black lines.
2. Fold the paper along the dotted lines.
3. Now cut out the figure.
4. Unfold the paper and you've created your Paper People Chain!
5. Colour and decorate each person, making each one as unique as possible.



# DRESS TO EXPRESS

