Dear **<MANAGER/HR MANAGER>,**

I am writing to let you know that from 6–12 February 2023, I will be taking part in Place2Be’s Children’s Mental Health Week and fundraising to support the mental health of children and young people throughout the UK.

Children’s Mental Health Week is an opportunity to shine a spotlight on and raise awareness for children and young people’s mental health. You can find out more about the week at childrensmentalhealthweek.org.uk.

Place2Be believe every child should have easy access to mental health support whenever they need it. They create safe spaces in schools where students can open up without pressure, arming them with emotional skills to help deal with everything life throws at them. As a charity, **Place2Be** rely heavily on the generosity and support of the community to continue their essential work in the future and to reach children before it’s too late.

That’s why I’ve chosen to support Place2Be and raise much-needed funds this Children’s Mental Health Week.

I would like to ask for support from **<COMPANY NAME>** in the form of match-funding the amount I raise. I believe this would be a great way to support an extremely worthwhile cause and to show that this is a community-minded organisation.

Thank you for your consideration.

Kind regards,

**<YOUR NAME>**